

Summer 2023 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Chicken & leek Pie with Chips & Peas	Cottage Pie with new potatoes, green beans and carrots	All Day Breakfast	Roast Beef with Yorkshire Pudding, roast potatoes, broccoli and roast honey glazed carrots	Smoked Haddock with New Potatoes, Green Beans & Sweetcorn	Beef Lasagne Served with Chips & Peas	Roast Chicken with sage & onion stuffing, roast potatoes, carrot & swede Mash and roasted parsnips
Vegetarian Option	Vegetable Pie	Vegetable Cottage Pie	Mushroom & Spinach Pie	Nut Roast	Courgette and Potato Cakes	Vegetable Lasagna	Lentil and vegetable pattie
Dessert	Jam Roly Poly with custard or cream	Apple Pie with Ice Cream	Spiced upside down pear sponge with custard or cream	Eton Mess	Rhubarb Crumble with custard or cream	Sticky Toffee pudding with custard	Spotted Dick with ice cream
Fresh Fruit and an Assortment of Cheeses available daily							
Soup	Homemade Vegetable	Homemade Mushroom & Tarragon	Homemade Lentil	Homemade Creamy Chicken	Homemade Roasted Sweet Potato & Carrot	Homemade Tomato and Fresh basil	Homemade Leek and Potato
Supper	Fish Cake & Salad	Poached Egg on Toast	Broccoli & Cheese Tart with salad	Sausage Rolls with Beans or Salad	Ham or Cheese Ploughman's with pickles	Jacket Potato with Egg Mayo, Tuna Mayo or Cheese	Assorted Sandwiches with Pickles
Dessert	Strawberry Mousse	Fresh Fruit Salad with cream	Vienetta Ice Cream	Rice Pudding	Peaches and Cream	Chocolate Mousse	Cheesecake

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Avenue House Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Toad in the Hole with Dauphinoise potatoes peas and Sweetcorn	Chicken and Apple Stew with boiled potatoes, spring greens and carrots	Gammon Egg & Chips	Roast Turkey with roast potatoes, roasted carrots and green beans	Fish & Chips with Peas and tartare sauce	Beef Meatballs & Spaghetti with broccoli and carrots	Roast Lamb with roast potatoes, peas and parsnips
Vegetarian Option	Vegetable Sausages	Vegetable Stew	Frittata	Lentil Stew	Vegetable Tart	Vegetarian Mince Bolognese	Nut Roast
Dessert	Bakewell Tart with custard or cream	Pear and Apple Strudel with custard or cream	Eton Mess	Mixed Berry Crumble	Semolina and Jam	Pineapple Upside Down Cake with custard or cream	Bramley Apple Crumble with custard or cream
Fresh Fruit and an Assortment of Cheeses available daily							
Soup	Homemade Carrot	Homemade Parsnip & Apple	Homemade Minestrone	Homemade White Bean & Leek	Homemade Country Vegetable	Homemade Tomato	Homemade Leek and Potato
Supper	Bacon & Eggs	Fish Fingers & Beans	Pate on Toast	Jacket Potato with Cheese and Leek	Vegetable Quiche	Corned Beef Hash	Assorted Sandwiches and Pickles
Dessert	Vienetta Ice Cream	Strawberry and Sherry Trifle	Fruit Flan	Arctic Roll	Double Chocolate Gateau	Tinned Fruit Salad or Cheese and Biscuits	Jelly & Cream

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Avenue House Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Lincolnshire Sausages tomato creamed Mash Potato peas and cauliflower	Mild Chilli Con Carne & Rice	Steak & Ale Pie with new potatoes, green beans and carrots	Roast Chicken with apple & apricot stuffing, roast potatoes, broccoli and Sweetcorn	Salmon Fillets with New Potatoes, Peas & Leeks	Shepherds Pie with creamed mashed potato, swede and carrots	Roast Pork with sage stuffing, roast potatoes, roasted parsnips, sliced green beans and red cabbage with apple & onions
Vegetarian Option	Vegetable Sausages	Vegetarian Chilli	Vegetable Pie	Stuffed Mushrooms	Butternut Squash and Mushroom Risotto	Vegetarian Mince Pie	Nut Roast
Dessert	Chocolate Sponge and Chocolate Sauce	Poached Pears with Butterscotch Sauce	Apple Crumble and Ice Cream	Summer Fruit pudding with cream	Rice Pudding	Upside down apple cake with custard or cream	Pear Tart with custard or cream
Fresh Fruit and an Assortment of Cheeses available daily							
Soup	Homemade Mushroom	Homemade Tomato	Homemade Lentil	Homemade Split Pea & Broccoli	Homemade Creamy Chicken	Homemade Ham & Vegetable	Homemade Leek and Potato
Supper	Bubble and Squeak with poached egg	Beans on Waffles	Sardines on Toast or Cheese on Toast	Vegetable Bake with salad garnish	Corned Beef Pastie with Beans	Broccoli Pasta Bake	Assorted Sandwiches and Pickles
Dessert	Semolina	Apricots and Cream	Vienetta Ice Cream	Chocolate Blancmange	Tinned Fruit Salad	Banana Mousse	Jelly and Ice Cream

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Avenue House Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Beef Casserole with creamed potato, carrots, and broccoli	Chicken Curry & Rice	Scampy, Chips & Peas	Roast Turkey roast potatoes, carrot, and cauliflower cheese	Fish Pie with boiled potatoes and peas	Spaghetti Bolognese with Garlic Bread	Roast Beef with Yorkshire Puddings, roast potatoes, carrots and roasted parsnips
Vegetarian Option	Vegetable Hot Pot	Vegetable Curry	Stuffed Mushrooms	Vegetable and Lentil Stew	Vegetable Tart	Mushroom and Pepper Pasta	Nut Roast
Dessert	Lemon Meringue Pie	Poached drunken peaches with cream	Soaked lemon semolina cake with warm blueberries with custard or cream	Filled Apricot with custard or cream	Rice Pudding	Bread & Butter Pudding	Apple Crumble with custard or cream
Fresh Fruit and an Assortment of Cheeses available daily							
Soup	Homemade Minestrone	Homemade Pea & Ham	Homemade Parsnip & Apple	Homemade Butternut Squash	Homemade Creamy Broccoli	Homemade Chicken & Thyme	Homemade Vegetable Broth
Supper	Beans or Spaghetti on Toast	Ham and Chips	Soft Rolls filled with Ham, Cheese or Egg	Scrambled Egg on Toast	Jacket Potato with Egg Mayo, Tuna Mayo or Cheese	Broccoli & Stilton Tart with salad	Assorted Sandwiches and Pickles
Dessert	Fruit Flan and Cream	Apricots and Custard	Vienetta Ice Cream	Bananas and Cream	Arctic Roll	Gateau	Tinned Fruit Salad